題號:373

國立臺灣大學97學年度碩士班招生考試試題

科目:營養學

題號:37

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Please answer the following questions. You may answer in your own order and in your preference language (English/or Chinese)

- 1. A. What is osteoporosis and how to prevent the development of osteoporosis?(5%)
 - B. What are the possible impacts of caffeine, protein, vitamin A and vitamin D on osteoporosis?(12%)
 - C. Milk is actually only one of many sources of calcium. What will you recommend for people who are unable to digest dairy products?(5%)
- 2. According to the most recent published "Nutrition and Health Survey in Taiwan Elementary School Children 2001-2002", Taiwanese schoolchildren have poor folate status especially during periods of rapid growth and development such as the transition from childhood to early adolescence.
 - A. What is the nutritional function of folate?(5%)
 - B. What is the underlying problem of poor folate status in school children?(5%)
 - C. What is the purpose of Nutrition and Health Survey?(12%)
- 3. A. What are Genetically-Modified (GM) or GMOs (genetically-modified organisms) foods?(5%)
 - B. Please list the advantages and disadvantages of the production of GM foods and how may the GM foods or food products affect public nutritional health?(10%)
 - C. Please comment on whether the labeling of GM foods and food products is necessary or not.(5%)
- 4. A. Please describe the types of dietary fiber and the physiological function of the dietary fiber.(10%)
 - B. What is fermentable fiber and it's potential health benefits?(5%)
 - C. What is the component in plants that actually restrict the absorption of minerals and vitamins?(5%)
- 5. A. Why do we need nutrition labeling for packaged food in Taiwan? (4%)
 - B. What kind of information should be provided in a nutrition labeling?(12%)

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